



katie's kids yoga

educate • inspire • play

Greetings,

Please fill out the information below and we will be in touch shortly with a personalized quote.

Name of the Facility (School/Community Center/Camp): _____

Preferred Day(s) of the week: _____

Preferred Time for the class(es): _____

Length of the class(es): _____

Group Age: _____

Number of students per class: _____

Activities that you would like to include in the classes (choose as many as you prefer):

- Yoga Poses
- Mindfulness
- Craft/art
- Games/dance
- Tapping
- Breathing exercises
- SEL
- Relaxation
- Mindful movement
- ALL OF THE ABOVE

Thank you,

Lisa F. Levine
Founder & Director
Katie's Kids Yoga Program