



INFORMED CONSENT FOR IN-PERSON SERVICES DURING COVID-19 PUBLIC HEALTH CRISIS

Katie's Kids Yoga Program

This document contains important information about all of our decisions to resume in-person services in light of the COVID-19 public health crisis. Please read this carefully and let us know if you have any questions. When you sign this document, it will be an official agreement between us, Decision to Meet Face-to-Face FOR YOGA CLASSES. If there is a resurgence of the pandemic or if other health concerns arise, however, we might need to resume via virtual. We will still be providing virtual and in person physical distance classes. If we believe it is necessary and determine that we return to only virtual for everyone's well-being. If you decide at any time that you would feel it is safer for us to do virtual or discontinue classes we will abide by that, we want to ensure everyone's safety. It is all of our Responsibility to Minimize the Exposure of coronavirus and to obtain services live. We all need to agree to take certain precautions which will help keep everyone, Katie's Kids Yoga, schools, facilities, community centers, and our families, [my other staff] safer from exposure, sickness and possible death. We at Katie's Kids Yoga will take all precautions that are necessary to decrease the risk of illnesses or germs for being spread to the best of our ability.

-Keep in-person sessions/classes will continue as long as all students are healthy and the schools and facilities are open.

-Temperature checks will be taken by the facility prior to classes/sessions or as needed. If this is the rule or requirement of the facility. If it is elevated (100 Fahrenheit or more), Students will not participate if they are feeling sick, have a fever or display any symptoms of sickness.

- All students will wash hands or use alcohol-based hand sanitizer when you enter the building before class.

-Masks will be worn in all areas of the classes, based on what the policies of the school, facility, camp or program has, Katie's Kids Yoga will follow all protocols. Katie's Kids Yoga teachers will wear a mask as required.

- Katie's Kids Yoga teachers, school staff, and children will keep a distance of 6 feet and there will be no physical contact (e.g. no shaking hands), physical distance, social connection will be practiced in all classes, staff will have gloves on if needed and will wear masks in all yoga settings.

-Students, School Staff and Katie's Kids Yoga will try not to touch face, eyes, nose or hands. We will ALL immediately wash up and clean our hands, children will be escorted to the bathroom if needed to wash up if they cough or sneeze. Hand sanitizing and washing will be throughout class and as needed. you will immediately wash or sanitize your hands.



- If a parent/guardian is bringing a child to a class you will make sure that your child follows all of these sanitation and distancing protocols. (this is for private sessions, group sessions, birthday parties, park classes)

-Katie's Kids Yoga will take breaks in between classes to wipe down all mats and props.

-If a child, school staff or a Katie's Kids Yoga teacher are infected with covid or any other illnesses we will ALL inform one another.

The above precautions if additional local, state or federal or CDC orders or guidelines are published. If that happens, we will talk about any necessary changes. Katie's Kids Yoga will be using appropriate up to date sanitizers and will provide mats for our schools and all o four classes that we are working at and will maintain these mats in a special space at the facility or school where we are employed. Katie's Kids Yoga Commitment to Minimize Exposure has taken steps to reduce the risk of spreading the coronavirus within ALL of our classes in facilities, schools, day cares, summer camps, birthday parties, private sessions and park classes. We have posted our efforts on our website and in the office. Please let me know if you have questions about these efforts.

Confidentiality in the Case of Infection If any students, school staff, staff, workers have tested positive for the coronavirus, it will be the responsibility of that school or facility to report this to the appropriate authorities as well as Katie's Kids Yoga. Katie's Kids Yoga will notify of whereabouts of all locations that we are working in, we will provide information as asked for by the facility or school that we are employed by regarding our company's policies and procedures. Katie's Kids Yoga is not responsible or held accountable if someone contracts covid-19 or any other flus, viruses, illnesses. Katie's Kids Yoga is taking every single precaution and following the CDC guidelines and taking extreme measures in keeping children and participants safe in all of our settings. Now that any setting where you take your child or yourself is a risk and we at Katie's Kids Yoga understand that it is a risk for you, the children, and ourselves and again will take every precaution that is needed to ensure, health, wellness and safety. Currently Katie's Kids Yoga classes are virtual and in an outside setting. Katie's Kids Yoga when working for another entity will follow the directives of that entity, and what their policies and procedures are.

Signature _____

Date _____

Signature _____

Date _____